

ENHANCING SENSORY OPPORTUNITIES FOR STUDENTS WITH AUTISM

Improving League School's
Occupational Therapy Gym

ABOUT US

League School of Greater Boston is a mission driven organization that has maintained a vision of providing students on the Autism Spectrum the respect, support, and opportunities needed to grow and learn and prepare for the adult world.

OUR MISSION

League School is dedicated to excellence in autism education and individual development. We employ a unique comprehensive approach emphasizing academic, social, emotional, communication, and behavior skills to maximize positive outcomes for the individuals we serve and their families.



A CASE FOR SUPPORT

When individuals with autism have difficulty effectively processing sensory input, challenges with emotional regulation are often present. This is especially relevant for the student population at League School.

Occupational therapy promotes skill development and guides in the implementation of necessary accommodations to foster functional independence in all areas of daily life that promote well-being.

At League School, occupational therapists use meaningful exercises to help students engage in activities that they participate in on a daily basis by addressing the physical, cognitive, psychosocial, and sensory components of performance in the educational environment.

League School's Occupational Therapy gym was designed to serve a much different student population than is currently being served today. The space is not only being used by more students than ever before, but also by students with broader ranges of needs, ages, and abilities.

As we continue to increase our student population, it will be crucial for League School to provide functional, safe, and extensive equipment options in our Occupational Therapy Gym to meet the varying sensory needs of our students that will, in turn, support overall well-being and success.

DID YOU KNOW?

Research estimates that approximately 76% of individuals with an autism diagnosis also have sensory processing differences that significantly impact functioning and require therapeutic interventions.



Occupational Therapy Gym Renovation

BY THE NUMBERS

\$10,000

For the purchase of a new ball crash pit

Crash Pit

Crash pits provide deep pressure which can help to calm high-arousal students and prepare their bodies for classroom learning.

\$15,000

For the purchase of additional sensory equipment

Sensory Equipment

Items such as swings, slides, bosu trainers, rockers, and bounce discs, provide vestibular input that alerts a body and increases neurological arousal.

\$25,000

For the purchase and construction of a new climbing structure

Climbing Structure

Students benefit from heavy work opportunities such as climbing up ladders and jumping off of structures which provide proprioceptive input to activate the joints and muscles to become more responsive.

\$40,000

For the completion of structural improvements in the gym

Structural Improvements

These enhancements include new flooring and safe suspension of the sensory equipment.

\$90,000
Total Cost

Total Estimated Cost of the Project

The total cost of the project includes new equipment as well as miscellaneous costs such as delivery and installation.

WHAT CAN YOU DO TO HELP?

Consider joining us in our mission to better serve students with autism. By making a donation to League School in support of this critical project, you will be ensuring all of our students have the resources needed to reach their fullest potential in all aspects of their lives.

FOR MORE INFORMATION

For additional information about the Occupational Therapy Gym Renovation, including ways to support or naming opportunities within the project contact League School's Director of Development, Tim McCabe

CONTACT US

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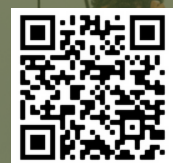
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